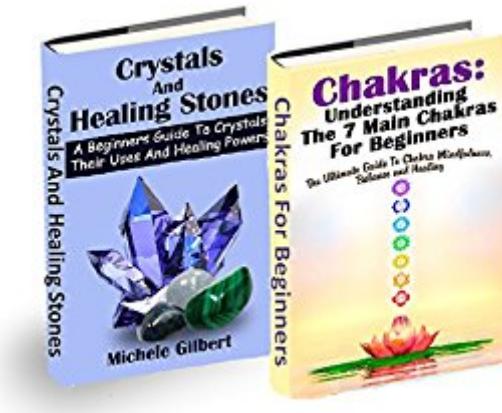


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Customer Reviews

According to yoga tradition, the subtle body is a part of you that you can't see or touch. It's where your energy flows, which is why it's also referred to as the energy body. There are seven key points in the subtle body that are thought to be vortexes of energy, known as Chakras and this box set contains all of them. This is a great set for Crystal healing and Chakras book. Thanks for having this book. Well done!

The journey to finding inner peace and understanding the environment around us is something that I have found to be what defines me in life. This book is a tool in assisting my ongoing training and knowledge on becoming the best that I can be. I like to stimulate my mental energy by introducing new techniques of healing and inner peace. I like how the writer's tone in the book is guiding at a comfortable and consistent pace. It is really interesting learning about the different ways crystals affect me. I am already familiar with Chakras and the writer does well in explaining them to a beginner, I wish someone could have used the same approach with me. Furthermore, the bundle of the books is especially good because they complement each other. I thank the writer for the

introduction to each and every one of them, I take it kindly.

I have always been interested in chakras but wanted to know more. Author Michele Gilbert explains all seven chakras in a smart, enjoyable and easy to read eBook. It's all about certain power points in your body and making sure they are balanced / functioning. For example, if you have a romantic problem, then you need to take a look at your heart chakra. I didn't know much about crystals and healing stones, but the second book in this two pack takes a look at those. Some good food for thought. For the current Kindle price, this two book set is a real bargain.

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